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## **WRITING AS A SACRED PATH**

**A Practical Guide to Writing with Passion and Purpose**

by Jill Jepson

*Discover the Soul of Writing*

Jill Jepson wrote for years before seeing the connection between her writing and her spirituality. Today she cannot envision one without the other. “What we seek in prayer, meditation, and all the various practices and traditions of faith, we can find in writing,” says Jepson. “Writing offers a connection to the deeper purposes of our lives.”

A refreshing approach to the art of writing and soul searching, Jepson’s new book *Writing as a Sacred Path* draws on spiritual traditions from around the world to deliver fresh techniques anyone can use to hone their skills, overcome creative blocks, and write with true vision.

If the writer is already committed to a form of spirituality, *Writing as a Sacred Path* helps illuminate the journey and bolster commitment. If the writer is searching for a spiritual path, it shows how writing can lead the way—and perhaps become the path itself. If the writer is simply looking to strengthen skills, this inspired guide demonstrates how to find purpose, meaning, and transcendence in one’s work without committing to a specific set of beliefs.

Through rituals, exercises, dream analysis, and more, *Writing as a Sacred Path* infuses writing with spirituality, offering writers clear, straightforward ways to energize and enrich not only their writing, but also their lives.

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**JILL JEPSON** is assistant professor of English at the College of St. Catherine in St. Paul, Minnesota, where she teaches creative writing and linguistics. She has taught writing for 15 years and is an award-winning research anthropologist. She also offers online writing workshops. Visit [www.writingthewhirlwind.com](http://www.writingthewhirlwind.com)

*Writing as a Sacred Path: A Practical Guide to Writing with Passion and Purpose* by Jill Jepson

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