



The Facts

More girls than boys finish school, more go on to college, and they get better grades than boys. **By age fifteen, boys are three times more likely to die, usually from accidents, violence, or suicide.**

Adults tend to treat boys more harshly. Studies show that parents hug and cuddle girl children far more, even as newborn babies. They tend to talk less to boy babies. And **mothers who use physical punishment are likely to hit boys harder and more often than they do girls.**

Anthropologists have found that in every society predating ours, mid-teen boys received a burst of intensive care and attention from the whole community. These cultures knew something we are still learning—that **parents cannot raise teenage boys without getting the help of other adults.**

Brain scanning has found a total of seven structural differences between boys' and girls' brains. **A boy's brain develops more slowly and the left and right sides are less well connected than girls.** Recent studies show that boys attack certain problems using only one side of their brain while girls use both.

Raising Boys

Why Boys Are Different—and How to Help Them Become Happy and Well-Balanced Men

2nd Edition

Steve Biddulph

When Steve Biddulph first published *Raising Boys* (now an international best seller in 14 countries with more than one million copies sold), people strongly opposed his claim that boys were in jeopardy. Today this award-winning psychologist and bestselling author's message is accepted all over the world.

It was once fashionable to think of boys and girls as the same. In the ten years since the book was published, much has been learned about the true nature of boys, why they are at risk, and what can be done to help them. New brain research confirms:

Boys are not only different from girls (and must be treated differently); they have special needs continuously overlooked by even the best-intentioned parents, communities, and schools.

Raising Boys highlights the dramatic need to change how boys are raised and educated, explaining:

- Why early daycare is *NOT* good for boys
- Why positive male mentors are essential to a boy's development
- Why many (if not most) boys would have better school lives if they started a year later than girls—and, thus, intellectually on par with them

In this expanded and updated edition of *Raising Boys*, Biddulph shares new scientific findings and other vital information relating to boys, from hearing problems to ADHD to bullying, with all new information on how to tell if a school is a good one for boys (complete with questions parents can ask) and statistics from a 2007 report on the state of boys today. Parents, educators, and community members are guided through three key stages of development (from birth to manhood) to help boys become happy, healthy, and centered adults.

Raising Boys addresses the most critical issues facing boys today. Those concerned for the well-being of boys, who really want to know what makes them tick, will find thought-provoking insights and practical advice in this breakthrough parenting guide.

STEVE BIDDULPH is one of the world's best-known parenting authors, with books in four million homes and 24 languages. He has been a family psychologist for more than 30 years and has been voted Australian Father of the Year by the Australian Father's Day Council. He lives in Tasmania, Australia, and is available for interviews. For more information visit: www.stevebiddulph.com

Raising Boys: Why Boys Are Different—and How to Help Them Become Happy and Well-Balanced Men (2nd Edition) by Steve Biddulph

\$14.95 paper • 224 pages • 5 1/2 x 8 1/2 inches

72 black-and-white illustrations and photos • ISBN: 978-158761-328-9

CELESTIAL ARTS • Publication Date: **AUGUST 2008**