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THE PIERCING BIBLE
The Definitive Guide to Safe Body Piercing
By Elayne Angel

**A one-of-a-kind manual that covers everything
piercers and piercees need to know about the process,
from the woman who brought tongue-piercing into the mainstream.**

While body piercing has exploded onto the forefront of modern culture as a form of personal expression, the controversy over body modification remains. On one hand, 1 in 7 Americans between the ages of 18 and 50 have piercings in places other than their earlobes. On the other hand, minors and employees continue to face piercing restrictions enforced by schools and businesses across the country. A great deal of hype and hysteria about body piercing is perpetuated by the media and by conservative religious, medical, and educational communities who describe piercing as a highly dangerous behavior related to everything from juvenile delinquency to cancer and death. Many of these myths have persisted because there are no standardized piercing regulations or competency requirements in the country. As a result, many people get the bulk of their “facts” about piercing from the Internet, and unfortunately, the Web can be unreliable, offering contradictory information from questionable sources.

Now, anyone who seeks a comprehensive resource on modern body piercing can turn to *The Piercing Bible: The Definitive Guide to Safe Body Piercing*. Piercing pioneer Elayne Angel shares her exhaustive knowledge of piercing history, terminology, tools, techniques, jewelry, and placements. She debunks myths about piercing guns, metal detectors, and tongue infections; explains how to find a responsible and skilled piercer; and outlines proper aftercare. Packed with details that really matter—including advice for people with stretch marks, obesity, plastic surgery, and unique anatomy—this guide is the single most authoritative, go-to source on the subject for anyone who wants to learn how to do it safely and responsibly.

About the Author

ELAYNE ANGEL has been a professional piercer for more than 20 years and has performed over 40,000 piercings. She was awarded the President’s Lifetime Achievement Award by the Association of Professional Piercers in 2006 and is a contributing writer for *PAIN Magazine*. She lives in Merida, Mexico, and is available for interviews. Visit www.piercingbible.com for more information.

***The Piercing Bible* The Definitive Guide to Safe Body Piercing** by Elayne Angel

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