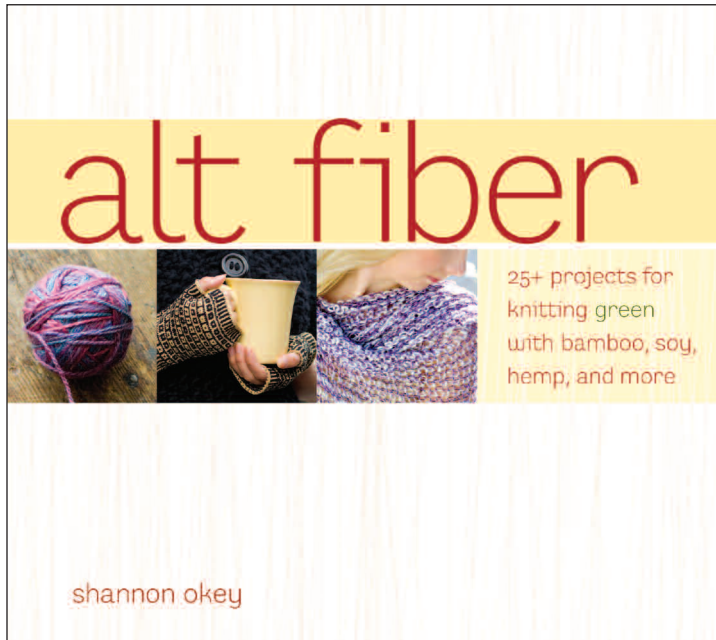


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alt fiber

25+ projects for knitting green with bamboo, soy, hemp, and more

Shannon Okey

The newest trend in crafts is to experiment with environmentally sound materials. Today, traditional yarn companies across the country are stocking yarns made from recycled and renewable resources. There's been an explosion in the variety of new plant fibers available, and forward-thinking crafters are moving beyond cotton, petroleum-based polyesters, and itchy wool. Now, there is a new book that offers a creative collection of projects that bring reduce-reuse-recycle to a new level.



All of the materials in Shannon Okey's ***Alt Fiber: 25+ Projects for Knitting Green with Bamboo, Soy, Hemp, and More*** are made from sustainable plant fibers and discarded manufacturing byproducts. Salvaged tofu derivatives have been converted into a silky, soft yarn that has the gorgeous luster of silk; Tencel, a fiber often used in high-end fabrics, is made from wood pulp. There's even a yarn made from seaweed called Seacell that, when worn, transmits vitamins and nutrients to the skin.

Readers will delight in the innovative array of garments and accessories designed especially for crafters of all skill levels by such renowned designers as Knitbrit's Andi Moon Smith, Acme Knitting Company's Jillian Moreno, and others. The clothes hang beautifully, providing breathability, comfort, and easy care. Along the way, Okey shares practical tips such as how to incorporate alt fibers into existing patterns, or the best way to use dyes. Anyone interested in crafting responsibly, staying true to their vegan values, or just making beautiful clothing that will last for years will love ***Alt Fiber***.

Shannon Okey is the spokesperson for Southwest Trading Company's "Go Green" campaign and the author or coauthor of nine books, including the *Knitgrrl* series. She's appeared on HGTV's *Crafters Coast to Coast* and the DIY Network's *Uncommon Threads* and *Knitty Gritty*.

Okey lives in Cleveland, Ohio, and she's available for interviews.



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