

Bohemian flip flops

Shopping list

- REMNANT OF PATTERNED VELVET FABRIC
12 X 18 INCHES (30 X 46 CM)
- REMNANT OF PLAIN VELVET FABRIC
12 X 12 INCHES (30 X 30 CM)
- REMNANT OF COTTON BATTING
12 X 36 INCHES (30 X 90 CM)

Sewing box

- TAILOR'S CHALK OR DRESSMAKER'S
WHITE MARKING PENCIL
- PINS
- DRESSMAKING SCISSORS
- SEWING NEEDLE
- MATCHING THREAD
- WOODEN STICK (USE A FINE PAINTBRUSH
OR CHOPSTICK), OR KNITTING NEEDLE

before you start

Make a pattern by drawing around an old pair of flip flops, or photocopy the pattern on page 250, enlarging it accordingly.

1

Cut out the pattern. Then cut out the following rectangles: two pieces 6 x 12 inches (15 x 30 cm), two pieces 2 x 12 inches (5 x 30 cm), and two pieces 2 x 5½ inches (5 x 14 cm) from the printed velvet fabric; two pieces 6 x 12 inches (15 x 30 cm) from the plain velvet fabric; and six pieces 6 x 12 inches (15 x 30 cm) from the cotton batting.

2

Pin the 6 x 12-inch (15 x 30-cm) pairs of rectangles of patterned and plain velvet right sides together and edge to edge. Draw the pattern onto the fabric, remembering to reverse it for the opposite foot. Cut out the various pieces ½ inch (1 cm) outside the line to allow for the seams [diagram 2.a]. For the three layers of cotton batting, cut ⅛ inch (3 mm) inside the line [diagram 2.b].

3

Machine the three layers of cotton batting ¼ inch (5 mm) from the edge and then machine two seams running the length of the sole to hold the layers in place.

4

Pin the patterned and plain velvet soles right sides together and edge to edge. Machine ½ inch (1 cm) from the edge (i.e. on the outline of the pattern), leaving an opening on the outside edge [diagram 4.a]. Turn right side out and insert the padded sole. Close the opening by hand using running stitch [diagram 4.b].

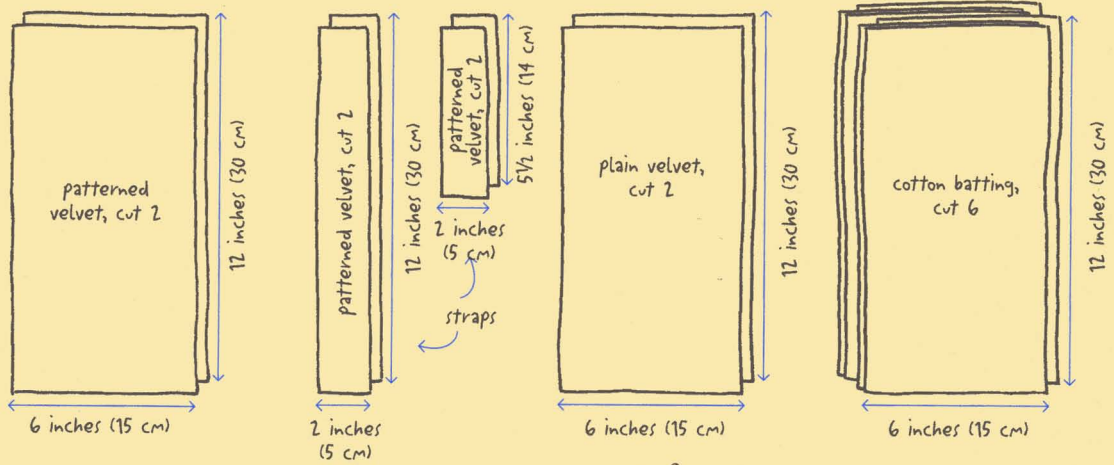
5

Fold the two narrow rectangles (straps) in half lengthwise, right sides together, and machine ½ inch (1 cm) from the edge [diagram 5.a]. Trim ¼ inch (5 mm) off the seam. Using a wooden stick or knitting needle, turn the straps right side out, then turn in ½ inch (1 cm) at the open ends and stitch [diagram 5.b].

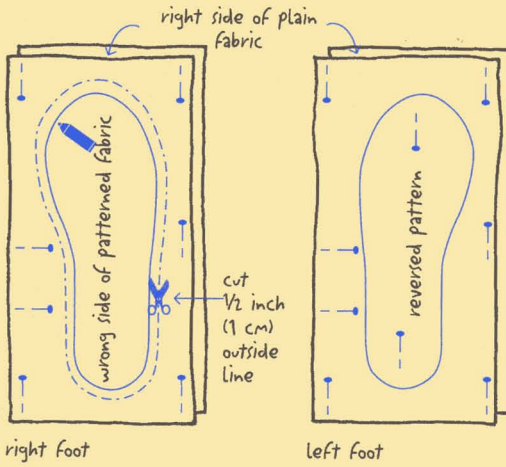
6

Fold the smaller strap in half and handstitch the ends to form a loop. Thread the longer strap through the loop and handstitch both parts of the strap to the sole with running stitch (see markers on pattern, page 250). Repeat for the other flip flop.

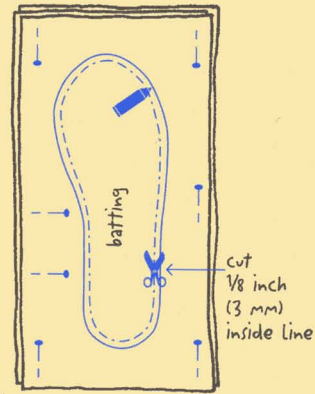
1.



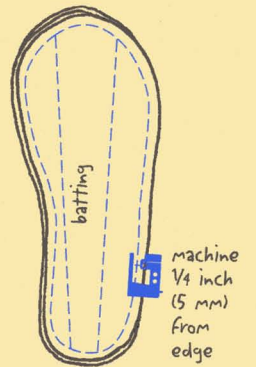
2.a



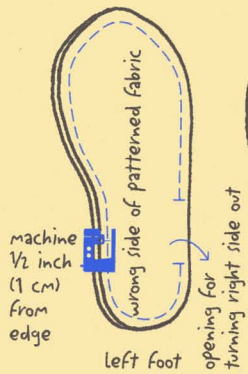
2.b



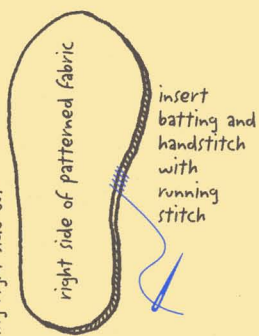
3.



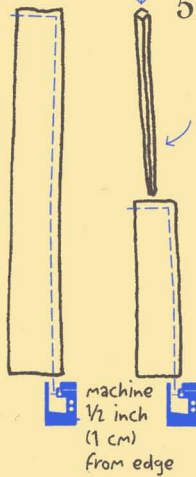
4.a



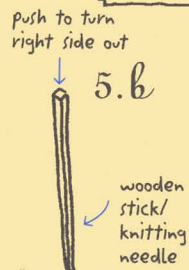
4.b



5.a



5.b



6.

