

# sexy mama

**YARN:** GGH, Mystik (115 yards/50g ball)

**FIBER CONTENT:** 54% cotton/46% viscose

**COLOR:** 68

**AMOUNT:** 5 (5, 6, 7) balls

**TOTAL YARDAGE:** 575 (575, 690, 805) yards

**GAUGE:** 5 stitches = 1 inch; 20 stitches = 4 inches (in cable pattern)

**NEEDLE SIZE:** U.S. #9 (5.5 mm) for body or size needed to obtain gauge; 24" circular U.S. #7 (4.5mm) for ribbing; I (5.5mm) crochet hook

**SIZES:** XS (S, M, L)

**KNITTED MEASUREMENTS:** Width = 14½" (15¼", 16", 17¾"); Length = 18" (18½", 19½", 20¼")

Yarn is worked double throughout the halter—this means you should hold 2 strands of yarn together as if they were 1.

Jenny had given birth to a beautiful baby girl in March. And, just like all the stars that you read about, she was back to her pre-baby body within weeks—which was quite a good body, by the way. Despite the fact that everyone was “oohing” and “aahing” over her quick weight loss and her adorable baby, Jenny said that she felt “blah” and wanted to knit something that would make her feel sexy. We designed this cute cabled halter top for her to show off her strong shoulders, toned back, and amazingly flat abs. We used some increasing for the darts up front to add subtle shape. She finished it quickly and—when she wore it in with her three-month-old in tow—she truly was a sexy mama.

## PATTERN STITCH:

**C6B (cable 6 into back):** Place 3 stitches on a cable needle, hold at back of the work, K3 from left-hand needle, K3 from cable needle.

## FRONT:

With #7 needle and 2 strands of yarn, cast on 58 (62, 66, 70) stitches. Work in K1, P1 ribbing for 1". Change to #9 needle and work in pattern as follows:

**ROW 1:** K13 (14, 15, 16), P2, K6, P2, K12 (14, 16, 18), P2, K6, P2, K13 (14, 15, 16).

**ROW 2:** P13 (14, 15, 16), K2, P6, K2, P12 (14, 16, 18), K2, P6, K2, P13 (14, 15, 16).

**ROW 3:** K13 (14, 15, 16), P2, C6B, P2, K12 (14, 16, 18), P2, C6B, P2, K13 (14, 15, 16).

**ROW 4:** Same as row 2.

**ROW 5:** Same as row 1.

**ROW 6:** Same as row 1.

**AT THE SAME TIME,** on the 7th and every 6th row thereafter, increase 1 stitch 5 stitches before the first purl and 5 stitches after the last purl, until you have 72 (76, 80, 84) stitches. For example, on row 7: K8 (9, 10, 11), inc 1, K5, P2, K6, P2, K12 (14, 16, 18), P2, K6, P2, K5, inc 1, K8 (9, 10, 11). When piece measures 11" (12", 13", 14") from cast-on edge, ending with a WS row, **SHAPE**

**ARM HOLES:** Decrease 1 stitch at

each end of every row (K2tog on the knit rows and P2tog on the purl rows) 26 (28, 30, 32) times until 20 stitches remain. Change to #7 needle and work in K1, P1 ribbing for 1". Bind off all stitches loosely.

## BACK:

With #7 needle and 2 strands of yarn, cast on 36 (40, 44, 48) stitches. Work in K1, P1 ribbing for 1". Change to #9 needle and work in St st until piece measures 11" (12", 13", 14") from cast-on edge, ending with a WS row. Bind off all stitches loosely.



## FINISHING:

Sew sides together. With #7 circular needle and RS facing you, beginning at the top of the right front, pick up stitches down right front, stitches across back,

and stitches up left front. Work in K1, P1 ribbing for 1". Bind off all stitches loosely.

With an I crochet hook, make 2 chains (approximately 12"–14"). Attach each chain to top front of the halter.

