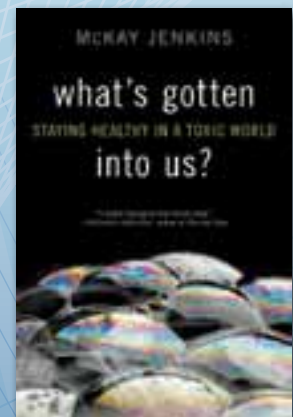
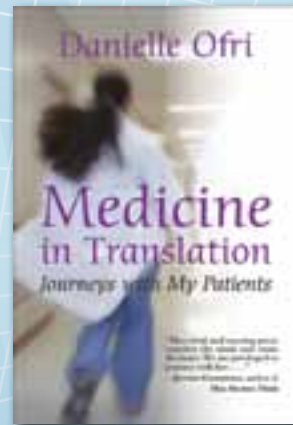
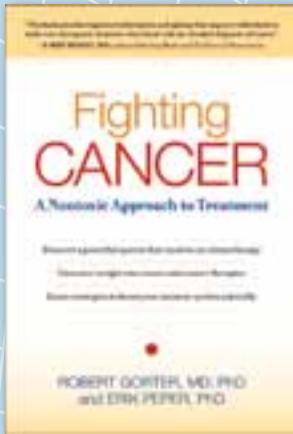
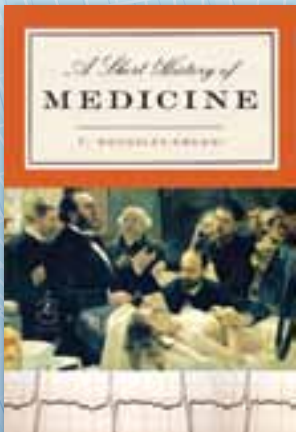
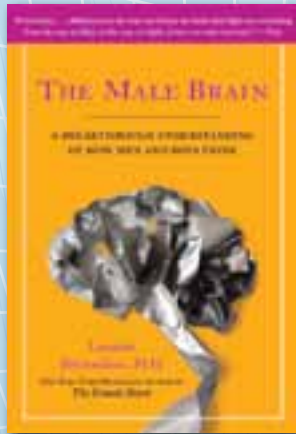
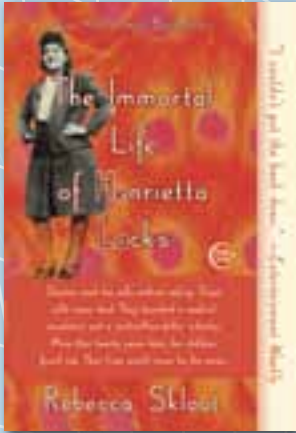


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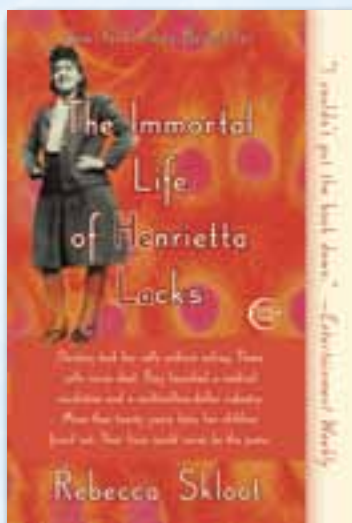
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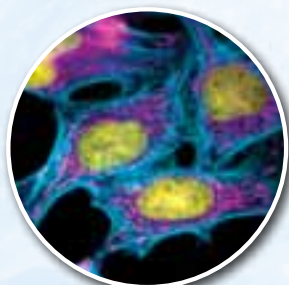


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HeLa Cells © Omar Quintero



REBECCA SKLOOT is an award-winning science writer. Skloot's debut book, *The Immortal Life of Henrietta Lacks*, took more than a decade to research and write. Skloot is the founder and president of The Henrietta Lacks Foundation.

## THE IMMORTAL LIFE OF HENRIETTA LACKS

by Rebecca Skloot

Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor black tobacco farmer whose cells—taken without her knowledge in 1951—became one of the most important tools in medicine, were bought and sold by the billions, but had devastating effects on her family. Their story is inextricably connected to the history of experimentation on African Americans and the birth of bioethics.

“Beautifully crafted and painstakingly researched . . . In a time when it’s fashionable to demonize scientists, Skloot generously does not pin any sins to the lapels of the researchers. She just lets them be human . . . [and] challenges much of what we believe of ethics, tissue ownership, and humanity.”

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“Science writing is often just about the ‘facts.’ Skloot’s book, her first, is far deeper, braver, and more wonderful.”

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“Thanks to Rebecca Skloot’s remarkable book, the Lacks case is likely to become a classic in the history of biomedical ethics. . . . Skloot is a science journalist but this book also evidences her skill as a historian . . . The many questions raised by the existence and use of HeLa cells will generate hours of classroom discussion.”

—JOURNAL OF THE HISTORY OF MEDICINE

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—DAVID J. KROLL, PROFESSOR AND CHAIR, PHARMACEUTICAL SCIENCES, NORTH CAROLINA CENTRAL UNIVERSITY

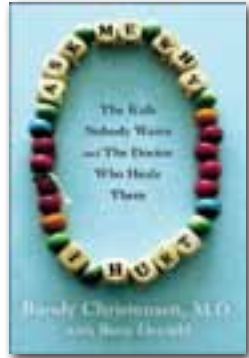
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Website: [www.RebeccaSkloot.com](http://www.RebeccaSkloot.com)

## ASK ME WHY I HURT

The Kids Nobody Wants and the Doctor Who Heals Them  
by Randy Christensen, M.D. with Rene Denfeld

For more than a decade Phoenix Children's Hospital doctor Randy Christiansen has treated local homeless youth from the most unexpected of places—a Winnebago converted to a mobile clinic. In *Ask Me Why I Hurt* Dr. Christiansen shares moving accounts of his successes and defeats, creating a record of his experiences as husband, father, and healer that is candid, deeply personal, and unexpectedly humorous. This memoir sheds light on the devastating problems that remain in caring for those who need it most and demonstrates the difference one person can make in mobilizing to solve them.

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by Joe Graedon, M.S. and Teresa Graedon, Ph.D.

Each year, 6.1 million Americans are harmed by diagnostic mistakes, drug disasters, and medical treatments. In *Top Screwups Doctors Make and How to Avoid Them*, patient advocates Joe and Teresa Graedon set out to expose the most common medical mistakes and show why there is a need to be educated medical consumers.

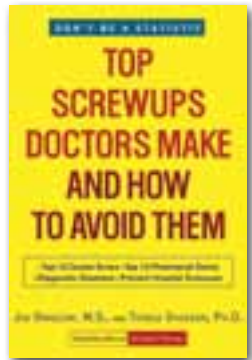
*“Patients get harmed all too often in our health care system today by care that is intended to help them but does the opposite. But there are many approaches people can take which can reduce the likelihood that will happen. In this book, Joe and Teresa Graedon do a great—and irreverent—job describing the common causes of harm, and what you can do to try to prevent them.”*

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*“As a clinician, this book will profoundly change the way you work with your patients. As a patient, it may save your life.”*

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Inspiration

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In medical school, Paul Farmer found his life's calling: to cure infectious diseases and bring the lifesaving tools of modern medicine to those who need them most. Demonstrating a clear-eyed understanding of the interaction of politics, wealth, social systems, and disease, Tracy Kidder's magnificent account shows how one person can make a difference in solving global health problems.

*“Kidder, a Pulitzer prize-winning author, writes clearly and engagingly. . . . This book is being widely used in freshman seminars at colleges across the United States, and it will likely stir debates on such wide-ranging issues as the politics of health care, the role of government funding, and ethics. Highly recommended.”*

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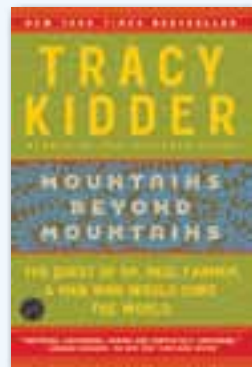
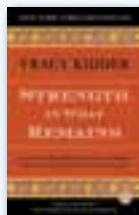
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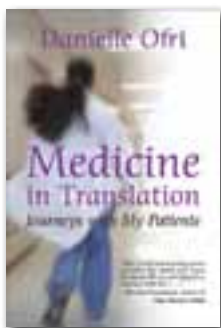
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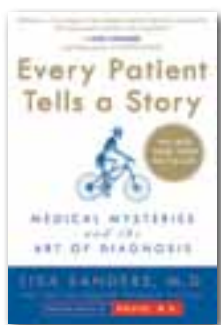
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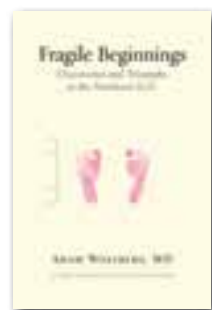
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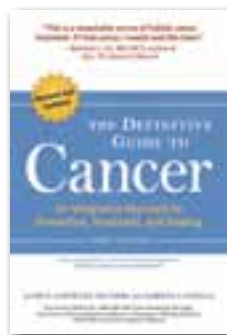
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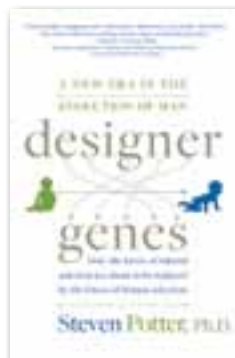
## DESIGNER GENES

A New Era in the Evolution of Man

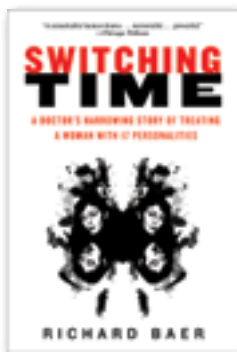
by Steven Potter, Ph.D.

*Designer Genes* describes the underlying science of genetic modification, stem cells, DNA sequencing and embryo manipulation in accessible terms and discusses the pros and cons of implementing this technology. A leading expert in the field, Potter covers topics with fascinating details of case histories and ongoing discoveries, including: the story of "Adam," who was genetically selected to save his sickly sister; and the sequencing revolution, in which the price of determining a person's complete DNA sequence is becoming much more affordable and accessible.

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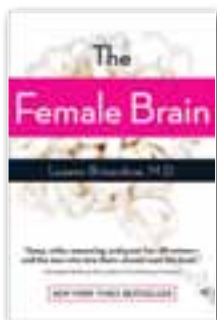
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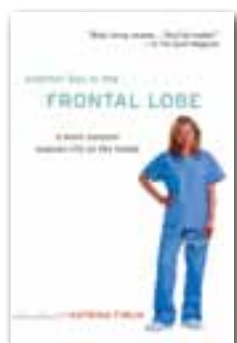
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by *Susan Cain*

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**ANOTHER DAY IN THE FRONTAL LOBE**  
A Brain Surgeon Exposes Life on the Inside  
by *Dr. Katrina Firlik*

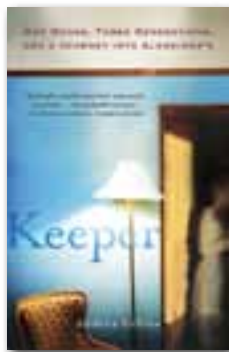
**D**octor Katrina Firlik's accessible and engagingly candid memoir gives readers an inside look into the profession of neurosurgery from the perspective of one of the few women who specialize in this male-dominated field. Starting with the dramatic real-life cases that shaped her journey to becoming a neurosurgeon, Firlik also takes a wider view, addressing the myths and the mechanics of neurosurgery, and the ethical dilemmas implicated daily in her field.

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When Andrea Gillies, her husband, and their extended family moved to a remote, rugged peninsula in the north of Scotland, Gillies's mother-in-law was already showing signs of dementia, the devastating disease that robs the afflicted of everything that is familiar to them—including their very identity. In *Keeper*, Gillies creates a delving portrait of the struggle to hold on to what is familiar, with an unflinching look not only at the effects of Alzheimer's on the afflicted, but the incalculable, painful grip it has on loved ones and caregivers.

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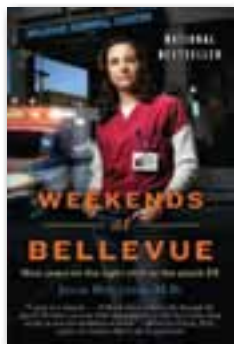


**WEEKENDS AT BELLEVUE**

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For nine years Doctor Julie Holland worked as the psychiatrist in charge of weekend admissions in the psychiatric emergency room at New York City's Bellevue Hospital. In *Weekends at Bellevue*, she shares her experiences with readers, exposing difficult and candid truths about the fragility of the human mind. Developed from notes written after working hours, Holland's commentary on the human condition and the challenges of healing is immediate, sometimes jarring, but always deeply fascinating.

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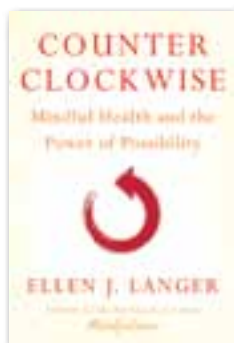
Drawing on landmark work in the field—including the first detailed discussion of her “counterclockwise” study, in which elderly men lived a week as through it was 1959 and showed dramatic improvement in their general health, Langer shows how rejuvenation and ongoing good health lie in being aware of the ways we mindlessly react to social and cultural cues. Examining the hidden decisions and vocabulary that shape the medical world, the powerful effects of placebos, and the often defeatist way we define our physical health, Langer directs us to change the ingrained behaviors that zap our health, optimism, and vitality.

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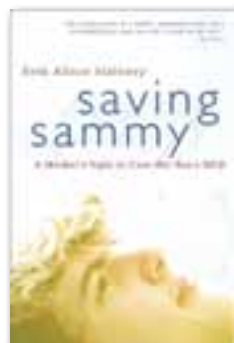
**SAVING SAMMY**

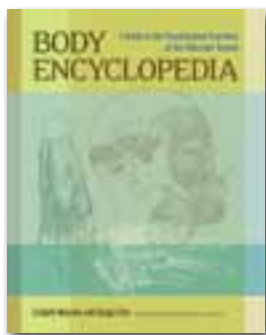
A Mother's Fight to Cure Her Son's OCD

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With *Saving Sammy*, Beth Maloney is the first person to document the harrowing journey as a mother of a son with strep-triggered OCD—known as PANDAS, Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections. Endorsed by Dr. Daniel Geller, founder of the pediatric OCD Clinic at Massachusetts General Hospital, and recommended by surgeon Kevin Price, M.D. as mandatory reading for all medical students and practitioners, *Saving Sammy* is revolutionizing the diagnosis and treatment of mental illness.

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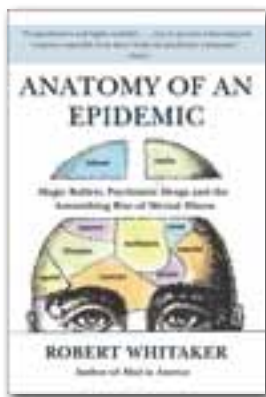




**BODY ENCYCLOPEDIA:** A Guide to the Psychological Functions of the Muscular System  
by *Lisbeth Marcher and Sonja Fich*

Based on the body-oriented psychology developed with colleagues in Denmark, Lisbeth Marcher and Sonja Fich's *Body Encyclopedia* is an invaluable contribution to studies of the mind-body connection. The culmination of decades of research and clinical practice, this engaging book illuminates the undeniable link between the emotional and the physical, providing strategies for investigating and treating the underlying psychological causes of pain, discomfort, and weakness. Highly detailed and fully comprehensive, this guide cites the psychological function of over 150 muscles and related tissues, contains over 200 illustrations and countless case studies, and includes an introduction to Bodydynamic Analysis.

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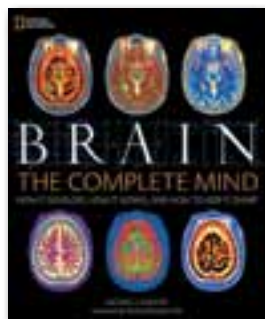
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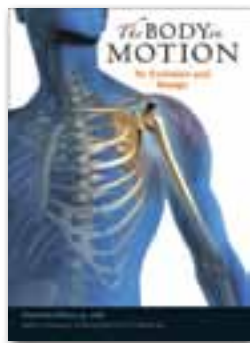
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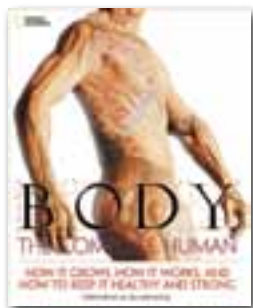
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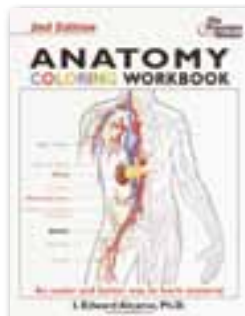
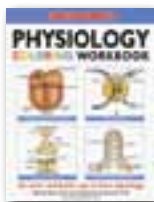
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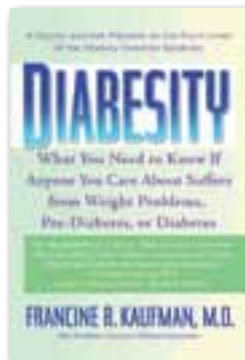
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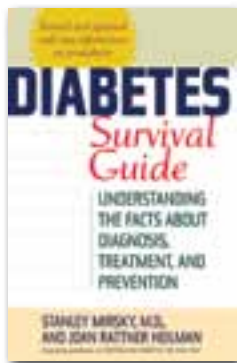
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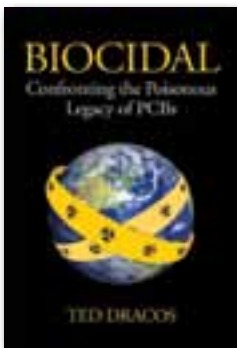


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Sandra Beasley has had severe allergies to certain foods her entire life. Now an award-winning poet, essayist, and editor, she has written a captivating memoir that encompasses the cultural history and sociology of food allergies, melded with her own humorous and sometimes heartbreaking experiences, from her short-lived gig as a restaurant reviewer to the dates that ended with trips to the emergency room.

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Staying Healthy in a Toxic World

by McKay Jenkins

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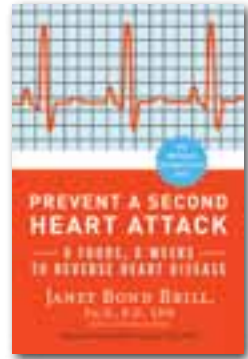
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by Janet Bond Brill, Ph.D., R.D., LDN

Forward by Annabelle S. Volgman

For the 13 million Americans who have survived a heart attack or been diagnosed with heart disease, Dr. Janet Bond Brill offers a delicious and foolproof diet plan that can lower the risk of a second heart attack by up to 70 percent. Inspired by the heart-healthy Mediterranean diet, the plan's ease of implementation is its strength, as is based on satisfaction, not deprivation.

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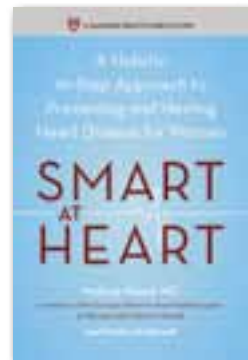
Publishes December 2011

**SMART AT HEART:** A Holistic 10-Step Approach to Preventing and Healing Heart Disease for Women

by Dr. Malissa Wood, M.D. and Dimity McDowell

Heart disease is the number-one killer of American women, and prevention and healing require integrative approaches to address the whole heart—physical, emotional, and spiritual. *Smart at Heart's* holistic program includes strategies to improve heart health by addressing ten bridges that link the physical and emotional hearts, including the mental health, relationship, and communication bridges. This book guides readers through evaluating their current state of physical and emotional health and then empowers them with solutions to strengthen each bridge to create a healthy, whole heart.

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# Women's Health

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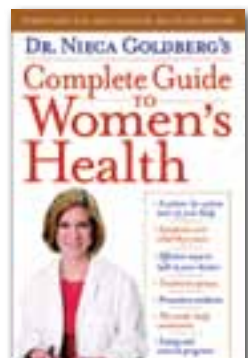
by Dr. Nieca Goldberg

In this book, Dr. Nieca Goldberg, a cardiologist and a nationally recognized pioneer in women's heart health, offers valuable information that focuses primarily on caring for women.

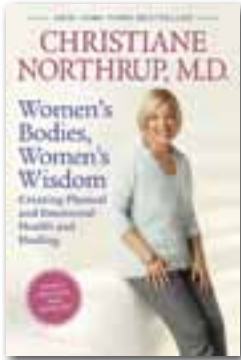
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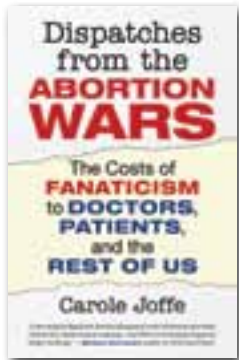
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Creating Physical and Emotional Health and Healing  
by Christiane Northrup, M.D.

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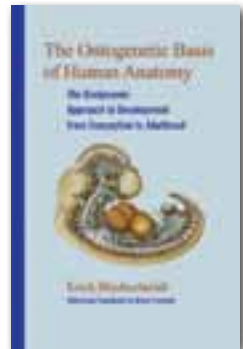
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by Eric Blechschmidt

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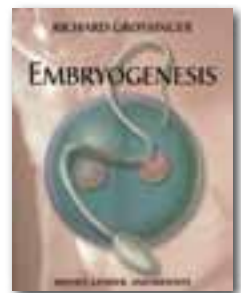


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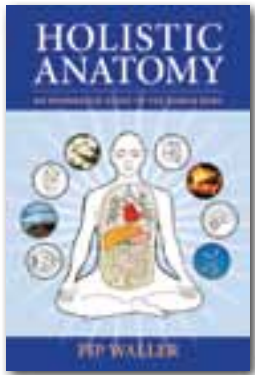
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Herbs, Nutrition, and Other Holistic Choices

by Aviva Jill Romm, M.D. Foreword by Ina May Gaskin

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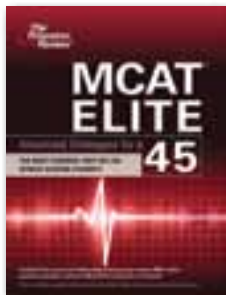
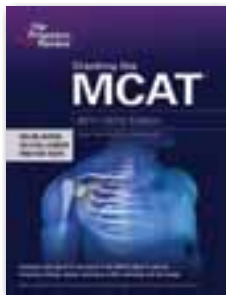
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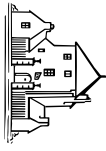
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